

Nourishing spaces project researchers meet in Kimberley, South Africa



Dr. Teresa Mbatia (Department of Geography and Environmental Studies) attended a qualitative training workshop for the Nourishing Spaces Project at Sol Plaatje University in Kimberly, South Africa on 30th and 31st January 2018. The project is taking place in six cities in Africa: Nairobi and Kisumu (Kenya); Cape Town and Kimberley (South Africa); and Windhoek and Oshakati (Namibia). The Nairobi case study is being conducted by Dr. Sam Owuor (Coordinator), Dr. Teresa Mbatia, Dr. Stellah Mukhovi and Ms Grace Githiri of the Department of Geography and Environmental Studies, University of Nairobi. Other project partners are University of Namibia (Department of Statistics and Population Studies); Sol Plaatje University, Kimberly, South Africa; University of Cape Town (School of Public Health and Family Medicine); and Kisumu Local Interaction Platform in Kenya. Led by researchers from African Centres for Cities and the Research Initiative for Cities, Health and Equity at the University of Cape Town, the Nourishing Spaces Project aims to analyse urban food systems governance for purposes of unravelling the relationships between consumption and non-communicable diseases (NCDs), in order to present policy and governance approaches to prevent NCDs. Some of the qualitative methodologies offered in the programmes workshop

included community based participatory research methods, in-depth interviews, participant observation, ethnographic immersion, ethics and informed consent.